

Post Critical Incident Seminar 40
Columbia, South Carolina
January 14-16, 2019

We will gather each day at 8:00 a.m. for coffee and fellowship with Seminar beginning at 8:30 a.m. on Monday
Breaks will be taken approximately every hour or as needed.

Day 1: Monday

Gathering/Registration/Coffee

Introduction of Program

- **Opening Remarks by Clinical Director and Host**
- **History and Overview of the PCIS Model**
- **Meet the PCIS Team**
- **EMDR (“What is it? How do I sign up? Testimony!”)**
- **Confidentiality and Ground Rules**
- **Housekeeping/Schedule**

Break

Team Stories

Impact of Events Scale/Beck Scales

“Critical Incident Summaries”

Lunch On-Site

“Critical Incident Summaries”

Supper On-Site

We may extend into the evening after supper if we have not yet heard all the Critical Incident Summaries.

Day 2: Tuesday

“Phases of Emotional Recovery”

Break

“Responding to Loss in Your Critical Incident”

Small Group Discussion/EMDR Offered/Medical Massage Offered

Lunch On-Site

Continued small group discussion if needed

Psyche of Survival” –ATF Trng. Video (for those who have completed group)

“Law Enforcement Relationships”

Break

“Cops, Docs and Medicine”

Break

“A Cop’s Story About Drinking”

Steak Dinner/Group Meal

Voluntary Prayer Service

Day 3: Wednesday

Gathering/Coffee/Fellowship

Lecture: “Fear/Coping”

Small Group Discussions

Lunch On-Site

“Man’s Search for Meaning”

Charlie Plumb Video

Break

Round Robin Discussion, Evaluation, Departure (normal end time is approx.. 4:00 pm)