

ICISF Conference

The latest training and education on

Comprehensive Crisis Intervention Systems

Myrtle Beach, SC
November 15 - 18, 2007



Who Should Attend...

This ICISF Regional Conference is a must attend experience for anyone working in the fields of: crisis intervention, mental health, traumatic stress, spiritual care, emergency services & disaster mental health.

Session I: Thursday & Friday

Two Day Classes

- ◆ Group Crisis Intervention
- ◆ Individual Crisis Intervention and Peer Support
- ◆ Responding to School Crises:
An Integrated Multi-Component Crisis Intervention Approach
- ◆ Terrorism: Psychological Impact and Implications
- ◆ Compassion Fatigue

Session II: Saturday & Sunday

Two Day Classes

- ◆ Strategic Response to Crisis
- ◆ Thought Field Therapy
- ◆ CISM Application with Children
- ◆ Law Enforcement Perspectives for CISM Enhancement
- ◆ TEAM: Team Evolution and Management

Core Curriculum,
Specialty Curriculum
& Electives for
ICISF's Certificate of Specialized
Training Program
all available at this conference!

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Incident Stress
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Emerg: (410) 313-2473
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Letter from ICISF's Executive Director

Dear Colleague:

The need for trained crisis responders has never been greater. War, terrorism, natural disasters, as well as various "small-scale" critical incidents with significant local impact (Line of Duty Death, as an example) take their emotional toll on those directly and indirectly involved. By attending this ICISF conference, you will become a part of a caring community of thousands trained to help the helpers and others impacted by traumatic events.

The multi-phase, multi-tactic process known as Critical Incident Stress Management has become the standard of care utilized by agencies and communities across the U.S. and around the World when emergency mental health assistance is needed after a crisis. I encourage you to attend this conference to increase your knowledge and expand your network. Consider participating in the "CISM Town Hall Meeting," and consider joining ICISF to maintain your connection with this community of committed and caring people.

Warmest regards,

Don

Donald R. Howell
Executive Director

Conference Location and Lodging

THE MYRTLE BEACH, SC CONFERENCE
WILL BE HELD AT THE
SHERATON MYRTLE BEACH
CONVENTION CENTER HOTEL

A block of sleeping rooms is being held at the Sheraton Myrtle Beach Convention Center Hotel. 2101 North Oak Street Myrtle Beach, SC 29577. This limited number of rooms has been reserved at a special discounted rate for conference attendees of \$109.00 + tax and can be reserved by calling (800) 325-3535 or (843) 918-5000 or fax (843) 918-5004. **To obtain this rate, please identify yourself as an attendee at the ICISF conference.** These special rates can be guaranteed until October 29, 2007, or until the block of rooms sells out, whichever comes first.

- ◆ **Attendees are responsible for their own lodging arrangements, as well as air/ground transportation to and from the conference facility.**
- ◆ **Hotel may charge extra for parking.**
- ◆ **Registration confirmations are e-mailed two weeks prior to course date.**

For Local Myrtle Beach, SC Information:

Lindy Williamson
lindyw22@aol.com
843-452-1777

Secure Online Registration for this Conference:

<https://www.icisf.org/registration>

Register by **October 29, 2007** to qualify for the **lowest registration price.**

Register On-Line and earn a chance to WIN your Myrtle Beach, SC Conference Registration for FREE!

For every 50 Myrtle Beach, SC Conference on-line registrations received by October 29, 2007, ICISF will hold one prize drawing on-site during the Myrtle Beach, SC Conference from those registrants. The winner(s) will receive a refund of their Myrtle Beach, SC Conference registration fees, up to a maximum of \$350. The final refund amount excludes membership dues. Refund will be paid to the original payor via the original registration payment method. Please allow three weeks for processing of refunds.

ICISF Regional Conference Host Coastal CISM Team

Session One: Thursday & Friday, November 15 & 16

Choose one class from the five listed on pages 3-4

Group Crisis Intervention

The “Group Crisis Intervention” training program is designed to present the core elements of a comprehensive, systematic and multicomponent crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and the group intervention known as Critical Incident Stress Debriefing (CISD). The “Group Crisis Intervention” course specifically prepares participants to provide several of these interventions—specifically demobilizations, defusings and the CISD. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multicomponent crisis intervention strategy, which is discussed in this course.

The “Group Crisis Intervention” course is designed to specifically teach crisis intervention and Emergency Mental Health skills such as demobilizations, defusing and CISD. At the completion of this course, participants will be able to: Define stress, CIS, and PTSD; List the 10 basic interventions of CISM; and Define and describe in detail the CISM group processes of Demobilizations, Defusings and Debriefings. (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; OR 1.4 general CEUs from UMBC)*

Completion of “Group Crisis Intervention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF’s Certificate of Specialized Training Program.

Group Crisis Intervention

Taught by Jeffrey T. Mitchell, PhD, CTS

Day 1 (8:30 a.m. - 5:00 p.m.)

- General, cumulative, critical incident stress and PTSD
- High risk populations – emergency services, military, other
- ‘Critical Incidents’ – death, injury, threat, terror, etc.
- Critical Incident Stress Management (CISM) fundamentals
- Core intervention tactics
- Demobilization
- Defusing of small groups

Day 2 (8:30 a.m. - 5:00 p.m.)

- Defusing Demonstration
- Essentials of group intervention, Critical Incident Stress Debriefing (CISD)
- Assessing the need for CISD
- Factors which enhance CISD success
- Question/Answer

Individual Crisis Intervention and Peer Support

Crisis intervention is NOT psychotherapy; rather it is a specialized acute emergency mental health intervention which requires specialized training. As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first-aid.” Most crisis interventions are typically done individually (one-on-one). This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention and increase Emergency Mental Health skills. At the completion of this course, participants will be able to: List at least four fundamental principles of crisis intervention; Describe common psychiatric symptoms after trauma; Demonstrate crisis communication techniques; and List risk factors for suicide. (13 Contact Hours; 13 CE Credits for Psychologists; 13 PDHs for EAPs; 13 CE Hours for Calif. MFTs & LCSWs; 13 Contact Hours for National Certified Addiction Counselors; 13 CCEs from APC; OR 1.3 General CEUs from UMBC)*

Completion of “Individual Crisis Intervention and Peer Support” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a CORE class in ICISF’s Certificate of Specialized Training Program.

Individual Crisis Intervention and Peer Support

Taught by B. Anne Balboni, PsyD

Days 1 & 2 (8:30 a.m. - 4:30 p.m.)

- Concept of CISM as a comprehensive crisis intervention program
- Understanding the role that individual crisis intervention plays in the comprehensive CISM program
- Basic terms and concepts relevant to the study of crisis, traumatic stress and crisis intervention
- Differential utilities of selected crisis communication
- Psychological reactions to crisis and trauma including common psychopathological conditions
- SAFER protocol for individual crisis intervention and its role in comprehensive CISM
- Use of the SAFER protocol for individual crisis intervention
- Practice in the use of the SAFER protocol for individual crisis intervention
- Common problems encountered while working with individuals in crisis

Please join us for a
CISM Town Meeting
Thursday, November 15,
5:00 p.m.- 6:00 p.m.
1) to improve communication
between ICISF &
CISM practitioners &
CISM Teams in the field,
2) discuss the most current
developments in CISM and
3) assist in planning for the future
of CISM.

*This meeting is open to anyone
interested in CISM and will be
conducted by International Critical
Incident Stress Foundation, Inc. faculty.*
There is no charge for the
meeting.

*The location will be posted at
the ICISF registration desk.*

Secure Online Registration for this Conference:

<https://www.icisf.org/registration/>

**Refer to page 8 for complete details about continuing education available at this conference.*

Session One: Thursday & Friday, November 15 & 16

Choose one class from the five listed on pages 3-4

Responding to School Crises: An Integrated Multi-Component Crisis Intervention Approach

Educators nationwide and worldwide struggle to establish and manage School Crisis Response Teams in response to the recent escalation in frequency and scope of campus emergencies. Community CISM teams have much to offer, but much to learn about the unique milieu of schools. Similarly, schools can benefit from CISM technology and strategies. This course attempts to develop a common language and approach that fits within the broad goals and specific needs of school crisis management. Working together in multi-disciplinary teams, we explore organizing principles, develop specific skills and culminate in a large incident planning simulation. The "Group Crisis Intervention" course is recommended as a prerequisite but not required, as an overview of techniques will be provided. Upon completion of this course, participants will be able to: Describe the prevalence and effects of crisis on school performance; Understand the comprehensive nature of crisis management; and Develop a crisis plan, respond to a simulated crisis scenario, and demonstrate proficiency with intervention techniques. (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; 14 CCEs from APC; OR 1.4 General CEUs from UMBC)*

Completion of "Responding to School Crises: An Integrated Multi-Component Crisis Intervention Approach" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Responding to School Crises: An Integrated Multi-Component Crisis Intervention Approach

Taught by Barbara J. Ertl, MS, LPS, CTS

Day 1 (8:30 a.m. – 5:00 p.m.)

- How schools react to crisis
- Children and staff reactions to trauma
- Overview of CISM and School Crisis principles
- Management and techniques of crisis intervention
- Assessment of individuals and groups

Day 2 (8:30 a.m. – 5:00 p.m.)

- Group interventions and debriefings
- Developmental modifications and applications
- Large incident planning
- Team formation and maintenance
- Helper stress

Terrorism: Psychological Impact and Implications

Acts of terrorism are unparalleled in their potential for undermining the psychological stability of our country. We now live in a time when first responders and health care providers must be ready to meet the challenges ahead. This course will explore preparedness and response to terrorism with an emphasis on at-risk populations, coping mechanisms, resiliency, and lessons learned from the Oklahoma City bombing and the attacks of 9/11/01. Psychological reactions, psychosomatic symptoms, and how they may vary depending on the type of weapon of mass destruction utilized (chemical, biological, radiological, nuclear, explosive) will be discussed. Upon completion, participants will be able to: understand the difference between chemical, biological, radiological, and conventional attacks from a psychological perspective; identify at-risk populations, phases of attack, and phases of emergency response; understand, assess, and facilitate effective coping mechanisms; understand and promote resiliency; understand and apply the NIMH recommendations for early psychological intervention in mass violence; be knowledgeable of recent innovations in response to catastrophic disasters and terrorism (including Family Assistance Centers and Respite Centers); strategically plan for psychological response to terrorist attacks; understand and be able to apply strategies for self-care and stress management for disaster workers; and understand "where do we go from here" in future planning for psychological impacts of terrorism. (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 143 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; 12 CCEs from APC; OR 1.4 General CEUs from UMBC)*

Completion of "Terrorism: Psychological Impact and Implications" and receipt of a certificate indicating full attendance (14 Contact hours) qualifies as a class in ICISF'S Certificate of Specialized Training Program.

Terrorism: Psychological Impact and Implications

Taught by Peter Volkmann, LMSW

Day 1 (8:30 a.m. – 5:00 p.m.)

- Understanding Disasters and Terrorism
- Weapons of Mass Destruction from a Psychological Perspective
- Psychological Impacts of Terrorism
- Resilience in the Aftermath of Trauma

Day 2 (8:30 a.m. – 5:00 p.m.)

- Case Studies
- Innovations in Response to Catastrophic
- Psychological First Aid in the Aftermath of Terrorism
- Strategic Planning for Psychological Impacts of Terrorist
- Self-care and Stress Management for Disaster Workers
- Where Do We Go From Here?

Compassion Fatigue

Compassion stress is defined as the natural consequent behavior and emotions of knowledge about a traumatizing event experienced by a significant other. It is the stress resulting from helping or wanting to help a traumatized person. All of us involved in Critical Incident Stress Management are exposed to compassion fatigue issues that can impact our effectiveness in treating clients. Moreover, not only are therapists and other professionals vulnerable to compassion fatigue; so are the family and friends of people exposed to primary stressors (i.e., 'victims') vulnerable to secondary traumatic stress (compassion stress) and stress disorder (compassion fatigue). Since the early '90s, Shad has taught and lectured internationally on this and several other subjects. Shad brings a unique approach to acknowledging and giving therapists tools to deal with compassion fatigue issues. Shad's approach is exciting, hands-on and very valuable for trauma specialists. (13 Contact Hours; 13 CE Credits for Psychologists; 13 PDHs for EAPs; 13 CE Hours for Calif. MFTs & LCSWs; 13 Contact Hours for National Certified Addiction Counselors; 13 CCEs from APC; OR 1.3 General CEUs from UMBC)*

Completion of "Compassion Fatigue" and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF's Certificate of Specialized Training Program.

Compassion Fatigue

Taught by Shad Meshad, MSW, LCSW, CTS, TFTdx
Days 1 and 2 (8:30 a.m.- 4:30 p.m.)

- Physical (diet, exercise, sleep, body work)
- Psychological (mental)
- Emotional (family, behavior, peers, activities)
- Socialization Solutions (importance of debriefing, focus away from work, friends / family)
- Spiritual Techniques (Spiritual focus and replenishment)

Secure Online Registration for this Conference: <https://www.icisf.org/registration>

*Refer to page 8 for complete details about continuing education available at this conference.

Session Two: Saturday & Sunday, November 17 & 18

Choose one class from the five listed on pages 5-6

Strategic Response to Crisis

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Participants will learn to create an effective plan of action to assist those in crisis. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another. Participants will complete a series of exercises designed to sharpen their assessment and crisis planning skills. This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

At the conclusion of this course, participants will be able to: Define strategic planning as it applies to crisis intervention; Outline the elements of the National Incident Management System and relate those elements to crisis intervention; Describe a comprehensive, integrated, systematic and multi-component crisis intervention program; Participate actively in a planning process designed to assist the participants in assessing target populations and in determining the type, timing and resources necessary to assist large numbers of people involved in a crisis; and Choose from a list the most important crisis intervention tactics to apply in a simulated complicated or large scale crisis event. (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; OR 1.4 general CEUs from UMBC)*

Completion of "Strategic Response to Crisis" and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a CORE class in ICISF's Certificate of Specialized Training Program.

Strategic Response to Crisis

Taught by Jeffrey T. Mitchell, PhD, CTS

Day 1 (8:30 a.m. - 5:00 p.m.)

- Crisis Intervention Strategy
- What is Strategic Planning?
- Elements of Effective Planning
- Steps in Developing the Plan
- Task Analysis

Day 2 (8:30 a.m. - 5:00 p.m.)

- Planning Exercises
- Planning Models
- Application of Tactical Components
- Discussion/Guidance

This course requires previous training and experience.

ICISF's "Group Crisis Intervention" and "Individual Crisis Intervention and Peer Support" should be viewed as prerequisites.

Thought Field Therapy

Thought Field Therapy (TFT) eliminates overwhelming emotional distress in minutes. There are no negative side effects, it does not require the retelling of the events, and TFT works with skeptical individuals. TFT is a non-cognitive approach that uses the control mechanism for the mind, body, and emotions found in the energy system of Chinese medicine. Clients tap with their fingertips on meridian treatment points in specific sequences while thinking of past or future events triggering the overwhelming distress. Standard tapping patterns have been established for most negative emotions based on the causal diagnostic procedures discovered by Dr. Roger Callahan and developed over twenty years with thousands of individuals. Participants will learn skills for leading clients through algorithms (standard solutions for problems) for resolving the overwhelming emotional distress of anger, rage, grief, guilt, depression, obsession, shame, embarrassment, physical pain, fear, anxiety, and phobias. Nightmares, intrusive thoughts and images, hyper vigilance, and avoidance behaviors associated with Acute and Post Traumatic Stress Disorders are effectively treated with TFT. Participants will review the history and development of TFT; current theory and research; and uses and limitations of TFT in various contexts. In addition to learning applications of Algorithms, participants will be presented with strategies for integrating TFT with participants' current treatment theoretical orientations and practice approach; adapting TFT to various populations and settings, and for overcoming resistance to rapid treatment approaches. Participants receive the Video: *Introduction to Thought Field Therapy, Trauma and Thought Field Therapy* by Roger Callahan, PhD, and the *Algorithm Training Manual*. This training is approved by Callahan Techniques, Ltd. Learning the basic skills to effectively use TFT is the primary objective of this training. "You would not believe how much we do TFT in the Field!" -Deb Boehme, PhD, EMT-I, State Coordinator for the New Mexico CISM Team and Crisis Response Network. (14 Contact Hours; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; 13 CCEs from APC; OR 1.4 General CEUs from UMBC)* **CE Credits for Psychologists are not available for this course.**

Thought Field Therapy

Taught by Robert L. Bray, PhD, LCSW, CTS

Day 1 (8:30 a.m. - 5:00 p.m.)

- Trauma Symptoms
- Anger & Resentment
- Grief and Love Pain
- Addictive Urges
- Simple Phobias
- Stress Reduction
- Rapid Relaxation
- Psychological Reversal

Day 2 (8:30 a.m. - 5:00 p.m.)

- Obsession
- Depression
- Physical Pain
- Common Pain/Anxiety Attack
- Recurring Psychological Reversal
- Jet Lag
- Shame and Embarrassment

Register by
October 29, 2007
to qualify for the
lowest registration
price.

Group Discounts

Discounts are available to groups of 5 or more registrants. All registration forms must be submitted together via fax or mail along with payment. On line registration is not available if applying for the group discount, nor may the group discount be applied retroactively. For additional information please contact

Jossalyn at
Jtaggart@icisf.org

Register On-Line and earn a chance to WIN your Myrtle Beach, SC Conference
Registration for FREE! Refer to pg. 2 for more details and restrictions.

**Refer to page 8 for complete details about continuing education available at this conference.*

Session Two: Saturday & Sunday, November 17 & 18

Choose one class from the five listed on pages 5-6

CISM Application with Children

“CISM Application with Children” is a comprehensive examination of how effective crisis intervention and management with children and adolescents can be provided. This two-day course will offer practical guidelines based on recent research for assessment, crisis intervention and treatment including developmental responses and reactions to trauma and grief. Pertinent information regarding cultural diversity, legal and ethical considerations will also be offered. Participants will role-play specific crisis scenarios to practice assessment and intervention techniques and will experience art and play techniques often used with traumatized children and adolescents. Upon completion, participants will be able to: Recognize high-risk traumatized children for appropriate crisis therapy referral; List ways to mitigate traumatic stress symptomatology through correct and ethical crisis intervention which is sensitive to child’s developmental age and developmental coping mechanisms; Recognize and address trauma and grief symptomatology without retraumatizing the child; Formulate crisis response plans within the CISM team to quickly and appropriately respond in cooperation with school communities; Recognize and understand children’s developmental coping mechanisms; and Identify the steps in conducting debriefings for adolescent suicide deaths. “CISM Application with Children” provides excellent foundational knowledge in crisis intervention and Emergency Mental Health skills for those interested in working with children and adolescents in crisis and for those interested in the companion workshop, “Responding to School Crises: An Integrated Multi-Component Crisis Intervention Approach.” (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; 15 CCEs from APC; OR 1.4 General CEUs from UMBC)*

Completion of “CISM Application with Children” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

CISM Application with Children

Taught by **B. Anne Balboni, PsyD**

Day 1 (8:30 a.m. – 5:00 p.m.)

- The Nature of Crisis and Critical Incidents
- Why Children Need Crisis Intervention
- How CISM is Applied to Children in Crisis
- Efficacy of Crisis Intervention with Children
- How Children React to Crises
- Acute and Delayed Stress Reactions
- What PTSD Looks Like in Children

Day 2 (8:30 a.m. – 5:00 p.m.)

- Assessment
- Intervention
- Cultural, Legal, and Ethical Considerations

Law Enforcement Perspectives for CISM Enhancement

The “Law Enforcement Perspectives for CISM Enhancement” course provides a dynamic system perspective that examines an individual law enforcement officer with the psychological and emotional pressures of the “Blue Culture.” This interactive program will be an in-depth exploration of what is behind the “Blue Wall of Silence.” The course’s emphasis will provide insight and understanding as to the stresses and pressures inherent in law enforcement. Participants will learn crisis intervention techniques needed to support law enforcement officers and organizations.

This training has been designed for law enforcement officers and their families, CISM team members serving law enforcement agencies, EAP, Human Resources and mental health professionals who interact with the law enforcement community. At the end of this course, participants will be able to: Understand the history of law enforcement, the organizational structure and the role of police in society; and Conceptualize functional dysfunctional survival skills in a system and how it fits into a law enforcement organization. (14 Contact Hours; 14 CE Credits for Psychologists; 14 PDHs for EAPs; 14 CE Hours for Calif. MFTs & LCSWs; 14 Contact Hours for National Certified Addiction Counselors; 14 CCEs from APC; OR 1.4 General CEUs from UMBC)*

Completion of “Law Enforcement Perspectives for CISM Enhancement” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

Law Enforcement Perspectives for CISM Enhancement

Taught by **Peter Volkmann, LMSW**

Day 1 (8:30 a.m. - 5:00 p.m.)

- History of Law Enforcement
- Organizational Structure of Law Enforcement Departments
- Roles of Police and Corrections in Society
- Understanding the Blue Culture
- Functional Dysfunctionalism-A Systems Perspective of Law Enforcement Survival
 - Individual Dysfunctionalism
 - Family Dysfunctionalism
 - Departmental Dysfunctionalism
 - Community Dysfunctionalism

Day 2 (8:30 a.m. - 5:00 p.m.)

- Stress in Law Enforcement
 - Internal and External
 - Cumulative Career Stress
 - CIS - Individuals and Groups
 - Department Stress
 - Family Stress
- Suicide in Law Enforcement - the Taboo Topic
- Line of Duty Death - Special Needs and Considerations
- Police Shootings and CISM Applications
- Addictions in Law Enforcement - confronting Addiction Topics
- Breaking the Blue Wall of Silence - Applications of CISM

TEAM: Team Evolution and Management

Critical Incident Stress Management strategies and interventions can only be effectively delivered through a well-organized and orchestrated CISM Team. Team development and maintenance skills are critical to the effective functioning of a CISM Team. This session will explore leadership and management strategies, team development activities, team evolution considerations, preventive maintenance, learning from the past, and how to help teams remain healthy. Upon completion, participants will be able to: Describe key skills for successful leadership; Describe the steps in team development; List barriers to team development; Discuss two options for team structure; Describe minimum standards for training of team members; Discuss group dynamics that effect team operation; List methods to keep teams healthy; and Describe common CISM team organizational mistakes. (13 Contact Hours; 13 CE Credits for Psychologists; 13 CE Hours for Calif. MFTs & LCSWs; 13 Contact Hours for National Certified Addiction Counselors; 12 CCEs from APC; OR 1.3 General CEUs from UMBC)*

Completion of “TEAM: Team Evolution and Management” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

TEAM: Team Evolution and Management

Taught by **Patricia L. Tritt, RN, MA**

Day 1 (8:30 a.m. – 4:30 p.m.)

- Leadership Skills
- Management Cycle and Managing the Volunteer Organization
- Team Structure Options
- Selecting for Success
- Training Standards and Responsibilities

Day 2 (8:30 a.m. – 4:30 p.m.)

- Team Responsibilities
- Communications Systems
- Team Evolution and Group Dynamics
- Funding Options
- Keys in Coordinating Interventions
- Team Maintenance
- Networking with Other Resources
- Common Mistakes and Lessons Learned
- Cases: When It Rains, It Pours

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Conference Faculty

Jeffrey T. Mitchell, PhD, CTS, is Clinical Professor of Emergency Health Services at the University of Maryland in Baltimore County, Maryland and President Emeritus of the International Critical Incident Stress Foundation. He earned his Ph.D. in Human Development from the University of Maryland. After serving as a firefighter/paramedic he developed a comprehensive, systematic, integrated and multi-component crisis intervention program called “Critical Incident Stress Management.” He has authored over 250 articles and 10 books in the stress and crisis intervention fields. He serves as an adjunct faculty member of the Emergency Management Institute of the Federal Emergency Management Agency. He is a reviewer for the Journal of the American Medical Association and the International Journal of Emergency Mental Health. He has been honored by the Austrian Red Cross with the Bronze Medal for his work in Crisis Intervention. Dr. Mitchell is board certified in traumatic stress and credentialed as a Diplomat and a Member of the Board of Scientific and Professional Advisors of the American Academy of Experts in Traumatic Stress. He has been approved as a Certified Trauma Specialist by the Association of Traumatic Stress Specialists. The United Nations has appointed him to the United Nations Department of Safety and Security Working Group on Stress.

B. Anne Balboni, PsyD, is the state coordinator & clinical director of the state wide Rhode Island Critical Incident Stress Management TEAM, Inc. She is a member of ICISF’s faculty for the CISM Application with Children course, & is an ICISF approved instructor for Group Crisis Intervention; Advanced Group Crisis Intervention; Individual Crisis Intervention & Peer Support; Responding to School Crises; Families and CISM, and Law Enforcement Perspectives. In addition, she serves as the ICISF Region I Liaison. Dr. Balboni is a member of the Rhode Island Disaster Mental Health Task Force and serves as adjunct faculty at Community College of Rhode Island. She has over forty years experience in the field of education, twenty-eight years as an EMT and twenty one years as an EMT instructor. Private practice includes CISM intervention, education & consultation with emergency service organizations, schools & industry. Anne holds certification with the American Academy of Experts in Traumatic Stress and is a member of the International Society of Traumatic Stress Specialists.

Robert Bray, PhD, LCSW, CTS, is a faculty member of the School of Social Work at San Diego State University. He has been working in human services for over 20 years. He is trained and experienced in the use of family therapy, cognitive therapy, Eye Movement Desensitization and Reprocessing (EMDR), and Thought Field Therapy (TFT). He is currently the President of the Board of Directors of the Association of Traumatic Stress Specialists. He has presented at national trauma-focused conferences in the area of ethics, self care for providers, and developing practical theory and skills. For the past 12 years he has been in private practice, specializing in the treatment of PTSD in survivors of childhood trauma.

Barbara J. Ertl, MS, LPS, CTS has been employed as a school social worker for over 20 years. In that capacity, she serves on a multi-district crisis response team. She provided leadership to General McLane School District (Edinboro, PA) following the shooting there and has consulted with school district personnel throughout the United States and Canada on the development of crisis plans and intervention/postvention strategies. Barb is a Certified Trauma Specialist and a Fellow of the American Academy of Experts in Traumatic Stress. She is the senior partner in a private consulting firm that specializes in the development of crisis response plans and teams within the schools (preschool through college) and other settings (community, industrial and institutional). Barb is the author of two text books specific to school crisis response, co-developed ICISF’s course “Responding to School Crises: An Integrated Multi-Component Crisis Intervention Approach”, and numerous articles. Additionally, Barb has 20 years of public safety experience encompassing fire, EMS and law enforcement. Barb has been on the faculty of the ICISF since 1999.

Shad Meshad, MSW, LCSW, CTS, TFTdx was founder of the Nationwide Vietnam VetCenter Outreach Programs and founder and president of the National Veterans Foundation. He was also President of the Association of Traumatic Stress Specialists (1995-1998). Shad was in active military service in 1969 as a Captain in the U.S. Army. He served one tour of duty as a Psychology Officer/Social Worker for I&II Corps in the Republic of South Vietnam. He is author of the highly acclaimed book, Captain for Dark Mornings. Shad has made numerous presentations, both national and international, on Post Traumatic Stress Disorders and issues affecting the combat veteran. He served on numerous veteran’s advisory committees nationwide. Shad continues to consult, train, and counsel nationally and internationally.

Patricia L. Tritt, RN, MA is the Director of EMS and Trauma for HealthONE in Denver, Colorado. She has been involved in Emergency Medical Services and Trauma systems for over twenty years. She is responsible for the administration of a complex EMS medical direction system for both metropolitan and rural areas, and a diverse EMS education program for all levels of prehospital providers. She also provides administrative direction for a Level I Trauma Center. Her experience and interests include program development and management. In 1985, she organized the Mayflower Critical Incident Stress Management Team, and continues as Team Coordinator. She has coordinated the Colorado Critical Incident Stress Management Network since inception in 1988. She is an ICISF faculty member for the “Group Crisis Intervention”, “Advanced Group Crisis Intervention”, “Assisting Individuals in Crisis”, and “Strategic Response to Crisis” courses. Pat has trained CISM teams across the United States, and has presented training programs in Canada and Australia. She is a Certified Trauma Responder and a contributing author on stress and EMS issues for numerous emergency services texts. Pat has received recognition from the State of Colorado for lifetime achievement and contributions to EMS and has received the 9 Who Care Award for her contributions as a leader of volunteer services in Colorado.

Peter Volkman, LMSW graduated with a Bachelor of Science in Criminal Justice from Mercy College and received his Masters in Social Work from Fordham University. Peter is the East Coast Liaison Coordinator and a representative to the United Nations for the International Critical Incident Stress Foundation (ICISF) in Ellicott City, MD. Because of his vast experience in the different rescue fields and the social work profession, Peter is utilized as a crisis interventionist and trainer for rescue departments, government municipalities, schools, and corporate organizations around the United States who have experienced traumatic events. Peter has been featured as an expert on stress for Dateline (NBC), Discovery Channel, MSNBC, and Law Enforcement Television Network (LETN). Peter developed “Law Enforcement Perspectives for CISM Enhancement” which is an approved course of ICISF. He has trained and assisted the startup of numerous critical incident response teams throughout the eastern United States. Peter is a retired police officer and emergency medical technician with the Town of Ossining, New York Police Department. Peter maintains a private practice in Dutchess County, New York in which he specializes in trauma counseling with a concentration in Eye Movement Desensitization Reprocessing (EMDR) therapy.

Certificate of Specialized Training

International Critical Incident Stress Foundation, Inc. now offers an optional, voluntary “Certificate of Specialized Training” program in CISM. The Certificate of Specialized Training attests to the completion of a standardized curriculum in Crisis Intervention. The certificate does not indicate competence in the field, but rather completion of the curriculum. For more information, visit our website, www.ICISF.org, or contact Michelle Parks, “Certificate of Specialized Training” Program Coordinator, at mparks@icisf.org.

Continuing Education

The International Critical Incident Stress Foundation, Inc. (ICISF) is approved by the **American Psychological Association** to sponsor **continuing education for psychologists**. ICISF maintains responsibility for this program and its content. CE credit for psychologists is granted on a one credit per one contact hour basis (refer to course descriptions for Contact Hours & CE Credits). If applying for CE Credits for Psychologists, please request CE Credit Application upon arrival at the conference. Psychologists are required to verify attendance as instructed at the conference and to complete an evaluation form for each course attended. **Please note that full attendance is required in order to receive documentation of CE Credits**. CE Credit Application Packets are to be mailed to ICISF post-conference along with the application fee of \$18.00. Complete instructions will be provided upon arrival at the Conference. CE credits for psychologists are not available for the following class: “Thought Field Therapy”.

Professional Development Hours (PDHs) are available for **Employee Assistance Professionals** for all courses offered at this conference. The number of approved PDHs depends on the course selected, and is equal to the number of contact (instructional) hours for that course. Upon arrival at the conference, please request a Training Attendance Record form and instructions at the conference registration desk; EACC Approval Numbers, content areas and approved number of PDHs for each course will be included in this material.

All courses offered at this conference meet the qualifications for 13 or 14 hours (depending on the course attended) of continuing education credit for MFTs and/or LCSWs as required by the **California Board of Behavioral Sciences (CA BBS)**. Provider Approval No. PCE 2033. *California-resident MFTs and LCSWs* must pick up an MFT/LCSW CE Hour Application and instructions at the conference registration desk upon arrival at the conference. There is an application fee of \$15. *Non-California MFTs and LCSWs*: it is possible that your state licensing board will recognize CE Hours from the CA BBS; please check with your licensing board to determine this.

All courses offered at this conference meet the qualifications for 13 or 14 hours (depending on the course attended) of contact hours for **National Certified Addiction Counselors** by **NAADAC, The Association for Addiction Professionals**, Provider Approval No. 497. Please request CE Hour Application and instructions at the conference registration desk upon arrival at the conference.

Continuing Chaplaincy Education (CCE) Credits are available from **Association for Professional Chaplains** for some courses offered at this conference. The number of approved CCEs depends on the course selected, and is listed on the course description within this brochure. Upon arrival at the conference, please request instructions at the conference registration desk; APC Core Identification/ Approval Numbers and approved number of CCEs for each course will be included in this material.

Certifications & Certificate Programs

All courses offered by ICISF meet partial requirements for individuals seeking certification from the **Association of Traumatic Stress Specialists (ATSS)** as a Certified Trauma Specialist (CTS), Certified Trauma Responder (CTR), and/or Certified Trauma Services Specialist (CTSS) designation. ATSS offers board certification to qualified individuals who provide services, intervention, and treatment in the field of traumatic stress. Those seeking certification from ATSS must present evidence of attendance for specific courses. For information regarding certification or ATSS membership, call (800) 991-ATSS (2877) or visit the ATSS web site at www.ATSS.info.

ICISF

Mission Statement

The International Critical Incident Stress Foundation, Inc. (ICISF) is a non-profit, open membership foundation dedicated to the prevention and mitigation of disabling stress through the provision of: Education, training and support services for all Emergency Services and helping professions; Continuing education and training in Emergency Mental Health Services for the Mental Health Community; and Consultation in the establishment of Crisis and Disaster Response Programs for varied organizations and communities worldwide.

Membership

Benefits of Membership

Level One Membership Benefits

- ◆ Membership in ICISF places the member in an international network of Critical Incident Stress Management teams, service providers, administrators, commercial and industrial services, researchers, and educators who function in a field of activity associated with critical incident stress and post trauma syndromes.
- ◆ Members receive the quarterly ICISF newsletter, *LifeNet*, which provides important updates on Critical Incident Stress and psychological trauma.
- ◆ Each member receives a certificate of membership, a wallet card, back issues of *LifeNet* (as available), updates on new procedures and current educational programs.
- ◆ Members are eligible for a 15% tuition discount on all education and training programs sponsored by ICISF.
- ◆ Routine critical incident stress consultation without charge.
- ◆ Emergency critical incident stress consultation without charge.
- ◆ Regular mailings announcing ICISF activities.

Level Two Members will receive all of the benefits associated with Level One Membership, *Plus*

- ◆ Level Two members will receive a subscription (concurrent with their membership) to the *International Journal of Emergency Mental Health*. This journal is the essence of a practitioner's journal. It combines the latest information on crisis intervention case studies, program development, research, literature reviews, book reviews and in a section entitled "Emergency Mental Health Update" it reviews important research from other journals.

	LevelOne Membership		LevelTwo Membership	
	One Year	Two Years	One Year	Two Years
US Resident	\$40.00	\$65.00	\$ 88.00*	\$168.00**
International	\$45.00	\$75.00	\$103.00*	\$195.00**

*This fee includes a journal cost of \$28/yr +S/H for 4 issues

**This fee includes a journal cost of \$26/yr +S/H for 8 issues.

The journal portion of the membership fee is not tax deductible as a 501(c)3 contribution. However this may be deductible as an ordinary business expense. Please check with your tax advisor.

Certificates of Attendance

In cooperation with UMBC, all ICISF conference participants will be awarded general Continuing Education Units (CEUs) from UMBC on their attendance certificate following verification of attendance by checking in at the Conference Registration Desk before 10:00am daily. This service is offered at no additional charge to participants. All ICISF attendance certificates are distributed on-site at the completion of each class to participants whose attendance has been verified. Participants who do not pick up their certificate must contact the ICISF office to receive it and may be charged an additional fee. If pre-payment or invoicing instructions (Purchase Order) are not provided, Certificates of Attendance will be withheld from attendees until payment is received by ICISF.

UMBC CEUs are awarded in a ratio of one Continuing Education Unit for every 10 Contact Hours (refer to course descriptions for Contact Hours & UMBC CEUs). ICISF certificates of attendance are not proof of profession specific CE/Contact Hours. Many national, state and local licensing boards and professional organizations will grant Continuing Education credit for attendance at our courses (save this brochure and your Certificate of Attendance). It is the responsibility of the participant to determine if his or her licensing board will accept these CEUs.

ICISF Membership

Membership in the International Critical Incident Stress Foundation (ICISF) is open to any **individual**, full or part time, career or volunteer, involved in emergency services, disaster relief, counseling, training, or other aspects of emergency services operations or support services, who wishes to gain or to continue to develop knowledge of stress, crisis and its effects. The majority of ICISF members are law enforcement officers, paramedics, firefighters, nurses, physicians, communication officers, emergency medical technicians, educators, psychologists, clergy personnel, social workers, airline personnel, employee assistance program staff, emergency service administrators, and disaster assistance personnel. Students in the above professions and support personnel are also eligible to join ICISF.

Conference Attire

For all courses casual to business casual attire is perfectly appropriate. Something to keep in mind when packing—meeting room temperatures are often cool and can be difficult to regulate quickly, especially when there are large numbers of people in a large room, or large numbers of people in a small room. Be prepared by dressing in layers, which will allow you to remove a layer when the room is hot, or add a layer when the room is cold.

Official Language

All courses at the ICISF Conference will be presented in English.

ICISF Official Transportation

AirTran Airways: To take advantage of a 10% discount on the lowest available AirTran Airways one-way fare, call the AirTran EventSavers Department toll free at 1 (866) 683-8368, 8am to 9pm EST, Monday through Friday. Reference **Event Code ICISF07** to obtain this discount. Reservations may only be made by phone via the toll free number noted above to enjoy the benefits of this discount program. The EventSavers program offers attendees the advantages of no minimum stay length or Saturday night requirement, advance seat assignments at time of booking, and a one-time waiver of the Change Fee per reservation for any name or itinerary change. EventSavers fares are not refundable.

Avis Rent A Car Systems, Inc. is offering special rental rates for all attendees of this conference who use ICISF's assigned **Meeting Avis Discount Number J992186** while making reservations. Should a lower qualifying rate become available, Avis is pleased to present a 5% discount on that rate OR if a car size is selected that is not available, Avis will discount the best available rate by 5%. Rates are available from November 8-25, 2007 and do not include any state or local surcharge, tax, optional coverages or gas refueling charges. Renter must meet Avis' age, driver, and credit requirements. Reservations may be made by calling (800) 331-1600 and mention above discount number or access the Avis web page at <http://tinyurl.com/82fau>.

Group Discounts

Discounts are available to groups of 5 or more registrants. All registration forms must be submitted together via fax or mail along with payment. On line registration is not available if applying for the group discount, nor may the group discount be applied retroactively. For additional information please contact Jossalyn at Jtaggart@icisf.org

Class Start and End Times

Instruction begin and end times may vary by class and by day. Please look closely at the times for the particular class you will attend. Contact hours on certificates are determined based on verified attendance.

Fees and Payment Information

Fees are listed in **US Funds** and cover registration, handout materials, coffee breaks and certificate of attendance.

For your convenience we accept: Visa, Master Card and American Express. All checks and/or money orders will only be accepted in **US Dollars from a US Bank** payable to: International Critical Incident Stress Foundation, Inc. 3290 Pine Orchard Lane, Suite 106, Ellicott City, MD 21042. **FEDERAL I.D. # 52 -1676953. \$20.00 fee for all returned checks. Late charge assessed if registration OR payment received after October 29, 2007.**

Cancellation Policy

Refunds can be made only if requested in writing. A 75% refund, *which includes a \$25.00 administrative fee*, will be provided only for registrants who send a cancellation notice postmarked no later than October 29, 2007. One person may substitute for another who is unable to attend on the condition that a letter from the original registrant authorizing the substitution accompanies the new registrant.

In the event the International Critical Incident Stress Foundation, Inc. finds it necessary to cancel a course because of insufficient registration or other reasons beyond our control, notice will be given to all affected registrants via email as soon as possible and a refund of cancelled course fees paid will be given to registrants affected.

Refunds are paid in U.S. funds, by the original payment method to the original payor. ICISF, Inc. also reserves the right to make instructor changes as necessary without prior notification.

Certificate Distribution

ICISF attendance certificates are distributed on-site at the completion of each class to participants whose attendance has been verified by checking in at the Conference Registration Desk before 10:00 a.m. daily. If pre-payment or invoicing instructions (Purchase Order) are not provided, Certificates of Attendance will be withheld from attendees until payment is received by ICISF.



Myrtle Beach, SC Conference Registration

Personal Information *PLEASE PRINT OR TYPE*

LAST NAME _____ FIRST NAME _____ CREDENTIALS (Maximum 3) _____

ADDRESS _____

CITY, STATE _____ POSTAL/ZIP CODE _____ ADDRESS IS: WORK HOME

WORK PHONE # (____) _____ HOME PHONE # (____) _____

EMAIL ADDRESS (Block print clearly): _____

Check here if you DO NOT wish to receive ICISF email updates

COMPANY OR ORGANIZATION: _____

PRIMARY OCCUPATION (Circle ONLY ONE): Psychologist / Social worker / Substance Abuse Counselor / Counselor / Fire / EMS / Law Enforcement Nurse / Education / Healthcare / Military / Faith Based Providers / Business & Industry / EAP / Transportation / Student / other: _____

Have you attended any prior ICISF Courses? YES NO – If no, how did you hear about us? (Circle ONLY ONE and list specifics):
Friend or coworker / Web Link _____ / Trade Show _____ / Other _____

CISM Team? NO YES If Yes, provide Team Name: _____

Check here if you require special arrangements to accomodate a disability _____

1) ICISF Membership (additional information on page 9)

Current ICISF Member? NO YES (Member # _____)

JOINING / RENEWING NOW (circle membership options below).....

	LevelOne Membership		LevelTwo Membership	
	One Year	Two Years	One Year	Two Years
US Resident	\$40.00	\$65.00	\$ 88.00	\$168.00
International	\$45.00	\$75.00	\$103.00	\$195.00

2) Conference Course Fees (Choose Course Selection to the right)

If Attending Two Days *Member \$298.00Non-Member \$350.00.....*

If Attending all Four Days *Member \$510.00*Non-Member \$600.00.....*

*(includes *\$100 discount for attending all 4 days!)*

3) Late Registration charge if registration OR payment received after October 29, 2007

\$50 for 1 course.....\$75.00 for 2 or 3 courses

Registration forms submitted via mail must be postmarked by October 29, 2007 to avoid late charges.

4) FEE TOTAL\$ _____



Secure Online: www.icisf.org/registration
Register On-Line and earn a chance to WIN your Myrtle Beach, SC Conference Registration for FREE! Refer to pg. 2 for more details and restrictions.



Mail to:
ICISF
3290 Pine Orchard Ln, Ste 106
Ellicott City, MD 21042



Fax to:
(410) 750-9601

Conference Course Selection:

Session I (CHECK ONLY ONE)

November 15 & 16, 2007

- Group Crisis Intervention (2 day)
- Individual Crisis Intervention... (2 day)
- Responding to School Crises... (2 day)
- Terrorism: Psychological Impact... (2 day)
- Compassion Fatigue (2 day)

Session II (CHECK ONLY ONE)

November 17 & 18, 2007

- Strategic Response to Crisis (2 day)
- Thought Field Therapy (2 day)
- CISM Application with Children (2 day)
- Law Enforcement Perspectives... (2 day)
- TEAM: Team Evolution... (2 day)

PAYMENT INFORMATION

(ICISF reserves the right to charge the correct amount if different from the total payment listed at left)

P.O. # _____ Attach a copy to this form

VISA MASTERCARD AMEX

NAME AS IT APPEARS ON CREDIT CARD: _____

CREDIT CARD #: _____

EXP. DATE : ____ / ____ SEC.CODE _____

SIGNATURE: _____

CHECK ENCLOSED, payable to ICISF, Inc. (U.S. Dollars, U.S. Bank), \$20.00 fee on all returned checks. Late charge assessed if registration OR payment received after October 29, 2007.

Please DO NOT mail or fax applications after November 11, 2007. Instead bring the completed registration form with you to the conference for onsite registration



**International Critical Incident
Stress Foundation, Inc.**
3290 Pine Orchard Lane, Suite 106
Ellicott City, MD 21042

The latest training and education on
**Comprehensive
Crisis Intervention Systems**

Register On-Line and earn
a chance to
**WIN your
Myrtle Beach, SC
Conference Registration
for FREE!**
Refer to pg. 2 for more
details and restrictions.

**Myrtle Beach, SC
November 15-18, 2007**

Sponsored by:



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Coastal CISM Team