We will gather each day at 8:00 a.m. for coffee and fellowship with Seminar beginning at 8:30 a.m. on Monday. Breaks will be taken approximately every hour or as needed.

Day 1: Monday
Gathering/Registration/Coffee
Introduction of Program

- Opening Remarks by Clinical Director and Host
- History and Overview of the PCIS Model
- Meet the PCIS Team
- EMDR (“What is it? How do I sign up? Testimony!”)
- Confidentiality and Ground Rules
- Housekeeping/Schedule

Break
Team Stories
Impact of Events Scale/Beck Scales
“Critical Incident Summaries”
Lunch On-Site
“Critical Incident Summaries”
Supper On-Site
We may extend into the evening after supper if we have not yet heard all the Critical Incident Summaries.

Day 2: Tuesday
“Phases of Emotional Recovery”
Break
“Responding to Loss in Your Critical Incident”
Small Group Discussion/EMDR Offered/Medical Massage Offered
Lunch On-Site
Continued small group discussion if needed
Psyche of Survival” – ATF Trng. Video (for those who have completed group)
“Law Enforcement Relationships”
Break
“Cops, Docs and Medicine”
Break
“A Cop’s Story About Drinking”
Steak Dinner/Group Meal
Voluntary Prayer Service

Day 3: Wednesday
Gathering/Coffee/Fellowship
Lecture: “Fear/Coping”
Small Group Discussions
Lunch On-Site
“Man’s Search for Meaning”
Charlie Plumb Video
Break
Round Robin Discussion, Evaluation, Departure (normal end time is approx. 4:00 pm)